

Toilet Awareness Talking Points

Collaborate

“You hold your shirt up while I pull down your pants.”

“You can open the Velcro on this side of your diaper and I’ll open the Velcro on that side.”

“I’ll have a turn to wipe your bottom, and then you can have a turn!”

Establish Mind-Body Awareness

“Does your diaper feel wet or dry? Is there poop in your diaper?”

“Your diaper feels so heavy! You must have had a lot of pee come out.”

“I see you are squatting down and pushing. Your poop is coming!”

State the Facts

“Everyone poops!”

“Pee and poop can go into the potty/toilet.”

“It’s time to try the potty/toilet. Would you like to read a book or sing a song while you try?”

“Your underpants are wet. Let’s change into some dry underpants. Do you remember where to find your dry underpants in the bathroom?”

“Look, there’s some pee on the floor. Please bring me the clean-up bucket from the bathroom so that we can dry the puddle.”

Keep it Light and Friendly

“We can always change into dry clothes!”

“Everyone used to wear diapers—even Mommy and Daddy! But now we can use the toilet. You can too!”

Make up a song... “Mommy sits on the toilet, and Daddy sits on the toilet, and Grandma sits on the toilet, and Miss Hannah sits on the toilet...”

No Tricks or Treats

“You peed in the potty/toilet. You did it *all by yourself*.”