

### **Shopping List Musts:**

- 2 Small potties one for the bathroom and one for the bedroom (Baby Bjorn with the removable insert)
- Toilet seat insert (Baby Bjorn is sturdy and adjustable or the toilet seat lid with a built in child's seat flap)
- A sturdy step stool (Baby Bjorn)
- Reusable underpad for the bed (Quik-Sorb)
- Piddle pad for the car seat (Summer brand)
- Cotton training underpants (Gerber and Hanna Andersson)
- Loose fitting clothes that are easy for your child to take on and off. Loose fitting up a size elastic waistband leggings and tunic tops for girls. Loose fitting elastic waistband pants or shorts and t-shirts for boys.
- Washable shoes either Velcro washable sneakers, shoes or Crocs that are easy on and off.

### **Books for your child's preparation:**

Everyone Poops by Taro Gomi

A Potty for Me! by Karen Katz

Once Upon a Potty by Alona Frankel. Boy or Girl version

### **Books for your preparation:**

Children Learn What They Live by Dorothy Law Nolte and Rachel Harris

### **Shopping List Extras:**

Baskets for underpants next to the potties

A travel potty

A puzzle with the parts of the body (Beleduc Your Body Puzzle Boy or Girl)

A doll that wets (Corolle)

### **Additional Reading:**

Diaper-Free Before 3 by Jill M. Lekovic, M.D.